

LIST OF HEALTH CARE FACILITIES IN BISHKEK, KYRGYZSTAN 2010

Modern, American style health care is not available in Kyrgyzstan. The health care system is based on the Soviet style of health care which can seem very different in comparison to Western countries. Generally the medical personnel are knowledgeable but the system lacks the modern health care technology available in the US. There are very limited numbers of medical staff that speak English or that were trained in Western Europe or the U. S.

If travelling throughout the country for extended period of time please check the CDC website (www.cdc.gov/travel) for immunization recommendations and obtain the immunizations before travelling to Kyrgyzstan. People are advised to bring their own medical supplies and medications for any chronic illness, minor illnesses and injuries. Modern types and medicines commonly used in the US are not available. Insulin is one of many types of medications not available here. Kyrgyzstan is considered a tuberculosis endemic area and appropriate test for exposure to tuberculosis needs to be obtained upon returning to the U.S.

For major illness or injuries the normal practice is to get emergency treatment at local facilities and to arrange for medical evacuation as soon as possible. Adequate medical evacuation insurance coverage for all travelers is a high priority. In the event of a serious medical condition every effort should be made to evacuate to Istanbul or Western Europe. Please be advised that the cost of a medical evacuation to Istanbul or Western Europe can easily exceed \$40,000 USD and may take twelve to forty eight hours to arrange.

The U.S. Embassy maintains the following list of clinics and hospitals in Bishkek. Some are private clinics and others are part of the National Health System. All will require a cash payment for care rendered (usually in local currency).

The U.S. Embassy assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose name appears on this list.

AMBULANCES

Bishkek City Ambulance Dial 103

Commercial Ambulance Services

- 1.) 548666 or 549999 or
- 2.) Dial 151 or 684466

Generally the ambulances in Kyrgyzstan are not equipped with emergency medical supplies like medications or oxygen. The ambulances are staffed by physicians that will answer a call with the ambulance then triage and transport to the appropriate hospital. The dispatch operators do not speak English, generally Russian. The wait time for an ambulance can be up to one hour. The ambulance staff do not speak English.

HEALTH CLINICS and HOSPITALS 2010

1. Med Expert Clinic

Address: 219 Tynystanova St. #1

Duty cell phone: 0555949911

HOURS: Monday – Wednesday- Friday Afternoons

The medical providers in this clinic speak English. It is strictly for foreigners. It is only for illness and routine medical care. There is no emergency care available. Please call prior to going to clinic as they only operate if appointments. They also do house calls. Payment is expected at time of visit and receipts will be provided.

2. Neo Med A Private Diagnostic and Consultative Medical Clinic

Address: 21 Gorky St. (intersection Gorky/Elebaeva).

Tel: 0 (312) 906090.

This is general clinic with a number of specialists. It has a CT scanner and modern ultrasound machines with good diagnostic capabilities. No providers speak English. Take an interpreter if you do not speak Russian.

3. National Center of Traumatology and Orthopedics.

Address: 206, Krivonosova Street

Admitting office: Tel: 0(312) 491665,

This is a National Center with clinics and hospital wards. It has an emergency department, accepts all types trauma patients. It also has a ward for detox from drugs and alcohol.

4. City Trauma Unit

Address: 41 Manas (intersection Toktogul/Manas)

Tel (996) 0312- 21 68 75 Reception: 0312-21 71 17

Provides 24 hour first aid for minor traumas. No inpatient facilities.

5. Pediatric Emergency Hospital.

Address. 8a, Baitik Baatyr street.

Tel. off. 0 (312) 562326, 544642

This is a pediatric general hospital in the city and accepts all types of pediatric emergencies.

6. National Center of Cardiology and Internal Medicine

Address: 3, Togolok Moldo street.

ICU department. Tel. 0 (312) 625682

This Center has an ICU and is able to care for patients having heart attacks, and other cardiology problems. It has a 24 hour Emergency entrance with a physician on duty.

7. Infectious Disease Hospital.

Address: 70, Tolstoy street.

ICU department. Tel. 0 (312) 590018

Admitting office. Tel. 0 (312) 590154.

This hospital accepts patients with infectious conditions, if one has a fever this is the hospital that accepts that patient, other hospitals usually do not accept a patient with a fever. There is a limited ICU. For foreigners a private room on a regular ward is provided. There is lab that can do cultures.

8. “Kamek” Private Surgical Clinic.

Address: 225, Moskovskaya street. Tel. 0(312) 640055, 640101

Polyclinic address: 45, Aynee str. Tel. 0 (312) 490000

9. National Republican Hospital

Address: 1 Togolok Moldo St. (intersection of Togolok Moldo and Moskovskaya St.)

Microsurgery department. Tel: 0(312) 660619

This is a very large compound that house different medical specialties. There are many buildings. When sending people to this center for any emergency one must ask where the correct building is for the specific problem. There is a place for Eye, Ear, Nose and Throat emergencies with 24 hour Emergency services. There is an AngioNeurology Center which is for strokes or aneurysm. There is a Neuro Trauma unit for severe head injuries. This hospital also has a good micro vascular department for nerve or tendon injuries in hands or lower extremities. The local ambulance will know where to take people in this compound. This is not a center to send someone unescorted if they do not speak Russian. They need to have a local person to translate or use the local ambulance.

10. Eye Hospital and Clinic: Private Clinic

Address: 5 Baytik Baatyr St.

Tel: 0(312) 510251 /510781/ 510783

This is a private eye clinic and hospital with ophthalmologists. Eye exams can be done here.

DENTAL CLINICS

Kairos Dental Clinic

Address: Ryskulov St 10 Tel : 0(312) 61 23 02, 61 23 03

This is a modern state of the art dental clinic newly opened in 2009. Dentists speak some English and the receptionist speaks English. There is a panoramic dental x-ray machine here.

Estet

Address: 51 Baytik Baatyr st / Gorky st

Tel: 0(312) 543884/ 900409

They provide a full range of services, and meet excellent quality standards in infection control, materials, and technique. No English speakers available.

Alef Dental Clinic, specialize on children.

Address: 40, Ibraimov street

Tel. 0 (312) 389600, 389600

This clinic has dentists that specialize in children and have anesthesiologists available for children.

PHARMACIES

Please be advised that medications purchased in the pharmacy may not be of the same quality as that obtained in the U.S. The brand name of the drug you request may not be the same as the brand available. Look for the formula name on your prescription if are searching for a replacement locally. Please be aware the pharmaceuticals come from a variety of countries including but not limited to the People's Republic of China, Russia, United States and the European Union.

Neman: Information Desk tel: 0 (312) 66 57 40

Address: 139 Moskovskaya St. Tel: 0(312) 62 29 37

Address: 14 Togoluk Moldo / Toktugula St. Tel: 0(312) 66 33 50

Prestige

Address: 95 A Kievskaya St.

Tel: 0(312) 621462

Central Pharmacy

Address: 340 Frunze St. Tel: 0(312) 681005

LABS / Private Labs in Bishkek

Neo Med A Private Diagnostic and Consultative Medical Clinic

Address: 21 Gorky St. (intersection Gorky/Elebaeva).

Tel: 0 (312) 906090.

Human Laboratory

Address: 21/2 Logvienko Tel: Reception: 620102

Bonetsky's Laboratory

20 Prospect Mira (main building) TEL: Reception: 316092

This lab has the capability to do culture and sensitivities.

MRI and CT : Private Diagnostic Centers

MEDIPOL CT Center

37 Abaya St. (cross St is Mederova)

Tel 0312 54 46 75, or 0312 54 78 13

This is a private free standing center with a CT machine and a mammography machine for outpatient use. The entrance is accessible to wheel chair and stretchers up an incline.

UNI –T- Reactive –Farma Clinic

137 Toktogul St.

Tel: 0312- 47 15 63 or 64

This is a private free standing center with an MRI machine and the CT machine. There are wheel chairs and stretchers available.

MEDICAL EVACUATION COMPANIES

This is a short list of companies that will do medical evacuations. There are many more and each person will need to check with their own private insurance to see which company they use.

International SOS Assistance

3600 Horizaon Blvd. Suite 300

Trevose, PA. 19053 Tel 267-716 24 11 Web: www.internationalsos.com

Emergency 24 hour 215-942 8226

Moscow Tel 007 495 9376477

Almaty tel: 007 7272 581911 Dr. on Call (007) 701 744 1111

Global Rescue LLC

115 Broad St.

Boston, MA 02110

Tel 24 hr: 617 459 4200 Web: www.globalrescue.com

U.S. Air Ambulance

5919 Approach Rd.

Sarasota, Fla. 34238 Tel 24 hr: 800-543-3759 Web: ww.USAirambulance.net

Medex Assistance

PO Box 19056

Baltimore, MD. 21284

Tel: 800 537 2029, 410 453 6300 Web: www.medexassist.com

Swiss-Air Rescue

PO Box 1414

CH-8058 Zurich Airport

TEL +41 44 654 33 11

Web: www.swiss-air-ambulance.com

Asia Air Ambulance

Bangkok, Thailand

Tel: 66-8989-69000 Web: ww.asiaairambulance.com

Medical Wings Siam Land Flying Co., Ltd.

Bangkok, Thailand

Tel: 66-2247-3392, 66-2535-4735

Web: www.medicalwings.com